

STANFORD TRAINING PROGRAM 2010 SCHEDULE

Workshops For Stanford Chronic Disease Self-Management Leaders

Stanford Cross-over Diabetes Training

This 2 day training will certify Stanford Chronic Disease Self-Management Leaders to facilitate self-management workshops specific to diabetes. Topics include: What is Diabetes?, Formula for a Healthy Eating Plan, Preventing Low Blood Sugar, Planning Low Fat Meals, Dealing with Stress, Reading Nutrition Labels, Making Action Plans, Problem Solving, Strategies for Sick Days, and Foot Care.

In order to become certified in the Stanford Diabetes Self-Management Crossover Training, you or your organization must purchase a license from Stanford **prior to the training. See website for details:

<http://patienteducation.stanford.edu/licensing/>

Stanford Chronic Disease Self Management Leader Training

This 4 days training will certify you to become a Program Leader for the Chronic Conditions Self-Management Program developed by Stanford University. Self-management is one of the principles of Patient-Centered Medical Home. Learn how to facilitate the self-management program and train others to: manage symptoms, communicate with health care professionals, deal with anger, fear, pain, frustration and depression, fight fatigue, problem solve, and set weekly action plans.

Stanford Chronic Disease Self Management Master Training

Information is available upon request. Please contact Jan Anderton at janderton@transformcoach.org or Maria Chisholm at mchisholm@transformcoach.org

***** Practice Transformation Institute provides standard and customized corporate training on a wide range of quality-related topics. We can bring these "off the shelf" seminars to you quickly.**

Program:	Dates:	Time:	Location:
Stanford Cross-over Diabetes Training	March 19 and 26	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071
Stanford Cross-over Diabetes Training	June 30 and July 1	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071
Stanford Cross-over Diabetes Training	Sept. 1 and 2	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071
Stanford Cross-over Diabetes Training	Nov. 29 and 30	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071
Stanford Leader Training	May 7, 14, 21, 28	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071
Stanford Leader Training	June 4, 11, 18, 25	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071
Stanford Leader Training	July 2, 9, 16, 23	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071
Stanford Leader Training	Aug. 6, 13, 20, 27	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071
Stanford Leader Training	Sept. 3, 10, 17, 24	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071
Stanford Leader Training	Oct. 1, 8, 15, 22	9am-4pm	Physician Training Center 26550 John R. Madison Heights, MI 48071

*****No fee for MNO Staffs and Physicians*****

To register, call Jan Anderton at 248-475-4718 or janderton@transformcoach.org.